

SELECCIÓN ÚNICA

70 ÍTEMS

Read the text.

KENNETH MENESES

Kenneth Meneses participated in the Special Olympics World Winter Games in Austria. He won the gold medal in the 4×100-meter relay athletics competition. Kenneth has been competing in athletics, snowshoeing, and bocce since 2013. He has won several medals, but unfortunately he lost them in a fire that consumed his family's home in 2015. He has won 12 medals between national and regional competitions.



One day, the presenters of ESPN told the athlete that his coach had a surprise for him. The coach came in holding a board with replicas of the medals he lost. Kenneth was unable to hide his emotions as tears began to flow. "I am very thankful with Special Olympics, and the Olympic Games for giving me the motivation to continue moving forward," he said. The Costa Rican delegation is composed of 20 athletes and has won a total of 5 gold medals and one bronze medal in this event.

Adapted from <http://news.co.cr>

Choose the appropriate option to answer each question based on the previous text.
(Items from 1 to 5)

- 1) What kind of games were held in Austria? The _____.
- A) Regional Olympic games
 - B) Summer Olympic Games
 - C) Special Olympics Winter games
 - D) Latin American Special competitions

- 2) In which competition did Kenneth win the gold medal? In the _____.
- A) swimming relay
 - B) relay in athletics
 - C) bocce competition
 - D) snowshoeing race
- 3) Where did Kenneth lose his medals? Kenneth lost his medals _____.
- A) in a natural disaster
 - B) at his last competition
 - C) at one of his competitions
 - D) in a fire that consumed his home
- 4) How many medals has Kenneth won? He has won _____.
- A) twelve medals
 - B) six national medals
 - C) six regional medals
 - D) five gold and one bronze medal
- 5) Why did Kenneth cry? Because he received a _____.
- A) gift from Austria
 - B) present from ESPN
 - C) surprise from his family
 - D) replica of each medal he lost

Read the text.

GUAITIL POTTERY PRESERVES INDIGENOUS TECHNIQUES

Guaitil ceramic, one of Costa Rica's signature artisan souvenirs, comes from the town of the same name, in the center of the Nicoya Peninsula. The town's dozens of households make a living throwing vases, plates, pots, jars and pitchers by using techniques handed down from generation to generation. Several artisans have begun to use a pottery wheel over the past decade. The wheel represents a more efficient change from the entirely hand-thrown process once used exclusively.



The pottery was once entirely used for just cooking in kitchens. These days, it's more likely to see tourists buying this pottery and looking for that perfect souvenir from their trip to Costa Rica. To make these signature pieces of art, the artisans use clay which is extracted from about one meter below the topsoil, strained to remove stones, dried and then pulverized with a wooden mortar and pestle. The resulting powder is mixed with water and very fine freshwater sand. On the exterior of each piece, hand-painting is accomplished with natural dyes.

Animal designs such as bats, toads, turtles, iguanas, serpents are favorites as decorations on the pottery, just as they have been since pre-Columbian times; although a few avant-garde artisans are experimenting with modern designs, too. Polishing each piece with a graphite stone puts the finishing touch on the work.

Adapted from www.ticotimes.net

Choose the appropriate option to complete the sentence based on the previous text.
(Items from 6 to 10)

- 6) Guaitil ceramic is popular as a _____.
- A) souvenir shop
 - B) famous city in Nicoya
 - C) renowned artisan signature
 - D) town known for its artisan souvenirs

- 7) Several artisans use _____ when producing pottery in Nicoya
- A) recently learned techniques
 - B) a mix of modern techniques
 - C) the most modern pottery techniques
 - D) techniques learned through ancient times
- 8) The use of a wheel with Guaitil pottery is _____.
- A) a tool employed in the past decade
 - B) a disadvantage in the pottery process
 - C) a disused hand-thrown pottery process
 - D) an entirely improved hand-exclusive technique
- 9) During the pottery process, clay is _____.
- A) strained to remove sand
 - B) obtained in superficial topsoil
 - C) dried before being pulverized
 - D) mixed with stones and a wooden mortar
- 10) When making Guaitil-ceramic, artisans use _____.
- A) animal designs
 - B) the best artificial dyes in the market
 - C) pre-Columbian and unknown designs
 - D) clay powder mixed with graphite stones

Read the text.

COSTA RICAN POPULAR DISHES

Costa Rican Tamales: They are boiled plantain leaves stuffed with a cornmeal mix, saffron rice, pork, and a variety of beans and vegetables. *Tamales* taste best freshly homemade. They are customarily only made for special occasions such as Christmas or a wedding, which means that a lot of love and time was put into their making.



Empanadas: They are fried or baked dough filled with cheese, beans, potatoes, or chicken. They are popular as a snack between classes or meals and are best eaten with a bit of hot sauce.

Carnitas: They are pieces of beef on a stick, grilled over an open hubcap-grill fire. People eat them by sliding a piece off between tortillas.

Bizcochos: They are baked cheese and cornmeal dough rings. You can buy bags of *bizcochos* from grocery stores, but they are of much better quality if homemade or bought straight from a small *bizcocho* factory.

Adapted from <https://gobackpacking.com/travel-guides/costa-rica>

Choose the appropriate option to answer each question based on the previous text.
(Items from 11 to 14)

11) Which of the following dishes are prepared to celebrate particular events?

- A) *Empanadas*
- B) *Bizcochos*
- C) *Carnitas*
- D) *Tamales*

12) What similar characteristics do *tamales* and *bizcochos* have?
They are _____.

- A) fried or baked
- B) made with corn
- C) filled with cheese
- D) cooked in plantain leaves

13) When do people usually enjoy *empanadas*? At _____.

- A) meal times
- B) Christmas time
- C) recess in school
- D) wedding celebrations

14) How do Costa Ricans eat *carmitas*?
With _____.

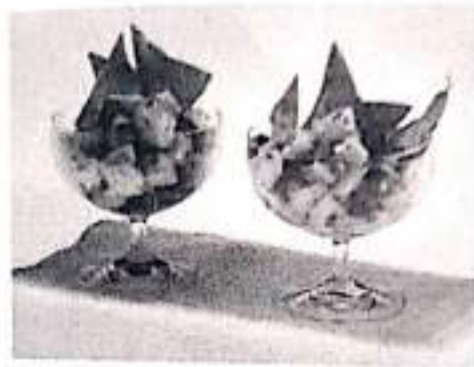
- A) tortillas
- B) hot sauce
- C) rice and beans
- D) grilled potatoes

Read the recipe.

COSTA RICAN CEVICHE

INGREDIENTS:

- 1/2 cup red bell peppers, chopped or minced
- 2 lbs. very fresh sea bass, cut into cubes
- 1 cup lemon juice, freshly squeezed
- 1 cup fresh cilantro, finely chopped
- 1 cup lime juice, freshly squeezed
- 1/2 cup parsley, finely chopped
- 1/2 cup vegetable or olive oil
- 1/2 cup red onion, chopped
- Salt and pepper to taste



PREPARATION:

First, place the sea bass in a stainless steel or glass bowl and pour the lime and lemon juices over the fish. Second, cover and let it sit for one hour. Third, add the onions, red bell peppers, parsley and cilantro. Then, mix it well and cover to refrigerate for at least two hours. After this, add olive or vegetable oil, salt and pepper to taste before serving it. Finally, Costa Rican ceviche may be served on a portion of lettuce or with crackers.

Adapted from www.food.com

Choose the appropriate option to complete each sentence based on the previous recipe.
(Items from 15 to 19)

15) The recipe needs the same amount of _____.

- A) lemon juice and oil
- B) lime and lemon juice
- C) red onion and cilantro
- D) red onion and lemons

- 16) Before adding the herbs to the fish, it is necessary to _____.
- A) refrigerate the fish
 - B) taste the fish with salt or pepper
 - C) mix the herbs in lemon and lime juice
 - D) keep the fish in lemon and lime juice for an hour
- 17) The fourth step of the recipe is to _____.
- A) pour olive or vegetable oil
 - B) place the sea bass in a bowl
 - C) add the onions and the herbs
 - D) cover the mix and refrigerate it
- 18) Costa Rican ceviche requires _____, salt and pepper to taste.
- A) one type of oil
 - B) one type of juice
 - C) two minced ingredients
 - D) two cups of fresh cilantro
- 19) People may eat ceviche with _____.
- A) parsley leaves
 - B) lettuce or crackers
 - C) a glass of lemon juice
 - D) a lettuce and cilantro salad

Read the text.

TAKE THIS INTO CONSIDERATION DURING HOLIDAYS

When planning a visit to Costa Rica, something important to take into consideration is the national holidays. It would be a shame to come when almost everything is closed. For example, if someone plans to come during Holy Week, it is important to know that most of the local offices, banks, government offices and many stores will be closed because this is an opportunity for most local people to relax at the beach or mountains around the country.



Therefore, Costa Ricans usually stay at most of the all-inclusive beach or mountain hotels during the entire Holy Week as well as during other national holidays. These national mass migrations to beach and mountain spots make it very difficult for foreign visitors to find a convenient hotel. In addition, most of the time rental car agencies do not have appropriate cars.

During Christmas and on New Year's Eve, it is very common to see popular hotels near the beaches and mountains crowded with local tourists. In fact, these times of the year are also on record as the most expensive times to visit Costa Rica. So as a recommendation, foreign visitors should book those dates in advance in order to avoid an inconvenience when visiting national tourist spots.

Adapted from www.costarica-information.com

Choose the appropriate option to complete each sentence based on the previous text.
(Items from 20 to 24)

- 20) During Costa Rican holidays, it is common for foreign tourists to _____.
- A) find offices and banks closed
 - B) pay for inexpensive hotel rooms
 - C) see a few local people at the beaches
 - D) go to mountain hotels without finding local visitors

21) Most Costa Ricans take advantage of Holy Week to _____.

- A) take work home
- B) travel outside of the country
- C) relax at national destinations
- D) visit hotels outside of the country

22) On New Year's Eve, popular hotels are _____.

- A) full of local tourists
- B) perfect for foreigners
- C) closed exclusively to locals
- D) crowded by international tourists

23) Visiting tourist places during national holidays is _____.

- A) very inexpensive
- B) relaxing for all foreigners
- C) really expensive in Costa Rica
- D) convenient for getting discounts

24) Foreign tourists should _____.

- A) reserve their hotels upon arrival
- B) spend time with the locals while on vacation
- C) make reservations some time before arriving
- D) rent a car and enjoy the day off during holidays

lead the text.

GLOBAL WARMING PROBLEMS



The biggest damage to life on Earth comes from global warming. Rich industrialized countries have been burning fossil fuels such as coal, oil and gas for about 150 years, pumping out vast quantities of carbon dioxide (CO₂) into the atmosphere. That CO₂ traps heat from the sun and causes the Earth and the atmosphere to get warmer which is called the greenhouse effect.

The high level of carbon emissions in the atmosphere lead to climate changes. For example, oceans and seas are getting warmer and the polar caps are melting. This causes the levels of the seas to rise, which threatens low coastal regions and islands. In addition, the weather is becoming more unpredictable, with severe storms full of heavy rain, strong winds, floods and unexpected high sea waves. Another effect of global warming is a rise in the number of endangered species. Many animals and plants could become extinct if their habitat is altered.

The majority of scientists agree that there is an urgent need to cut carbon emissions around the world. In fact, in order to reduce the effects of global warming, people need to develop and use different sources of energy worldwide. So some scientists advocate nuclear power, while others stress the importance of renewable energy such as wind, hydro and solar power.

Adapted from Solutions Student Book

Choose the appropriate option to complete each sentence based on the previous text. (Items from 25 to 29)

25) The greenhouse effect refers to _____.

- A) good weather conditions
- B) global warming problems
- C) the energy around the world
- D) the adaptation of wild animals to new habitats

26) Global warming is mainly caused by the _____.

- A) misuse of nuclear power
- B) use of renewable energy
- C) emission of carbon dioxide
- D) different types of natural disasters

27) Nowadays, it is more difficult to _____.

- A) see wild animals
- B) live in high coastal areas
- C) predict climate conditions
- D) use different types of renewable energies

28) Global warming may cause _____.

- A) an increase of heavy storms
- B) a reduction of energy sources
- C) a stability of weather conditions
- D) an adaptation of wild animals to new habitats

29) Experts state that the reduction of CO₂ emissions would _____.

- A) increase the heavy rains
- B) put at risk the life of some animals
- C) cause the destruction of polar caps
- D) reduce the effects of global warming

Read the text.

THE PLEASURE OF TRAVELING BY THE SEA

The experience of traveling on a cruise ship is a very good adventure. Beyond the dizziness that some usually present on a cruise, the fun goes beyond a simple trip. You can choose the itinerary you want to have and plan in advance stops with longer stays. The personnel on board usually organize events that allow the stay of the crew to go beyond a simple transfer. Shows with singers or dancers and even dance classes can be taken during the trip.



Betting in casinos, taking a swim in the pool, and even surfing are some options offered by cruises today. Visiting several islands in the Caribbean or going through the Mediterranean is more pleasant if done in a ship. It allows people to dock in several ports and get off to know the emblematic sites of each city.

In the travel market, the options are numerous in terms of the destinations offered by cruise ships. Depending on your budget, you can plan your trip. The destinations go around the Caribbean and the Greek islands.

It is advisable to investigate the best dates to visit the place of your dreams, in addition to the weather conditions.

Adapted from <https://thecostaricanews.com>

Choose the appropriate option to complete each sentence based on the previous text.
(Items from 30 to 35)

30) A trip on a cruise ship _____.

- A) can cause vertigo
- B) becomes very boring
- C) lacks advanced planning
- D) takes simple itineraries into consideration

Intake of a cruise ship is to _____.

- range longer stays
- tend dance shows
- organize cultural events
- participate in singing classes

days, cruises provide _____.

- surfing lessons
- parties in casinos
- swimming facilities
- stops in hotel pools

ists can _____ by traveling on a cruise ship.

- work on the islands
- visit symbolic locations
- lodge in the Caribbean
- surf in the Mediterranean

se ships offer _____.

- reduced budgets
- emblematic docks
- few special events
- plenty of stops during the trip

n traveling on a cruise ship, you should check _____ in advance.

Read the text.

HOME HEALTH AIDES AND PERSONAL CARE AIDES

Home health aides and personal care aides help people with disabilities, chronic illnesses, or cognitive impairments by assisting them with their daily life activities. They often help older adults who need assistance. In some states, home health aides may be able to give a client medication or check the client's vital signs under the direction of a nurse or another healthcare practitioner.



Home health aides and personal care aides work in a variety of settings, including a client's home, group homes, and day service programs. People working as home health aides and personal care aides typically need a high school diploma or equivalent, though some positions do not require it. Those working in certified home health or hospice agencies must complete formal training and pass a standardized test.

Employment of home health aides and personal care aides is projected to grow 41 percent from 2016 to 2026, much faster than the average for all occupations. As the baby boomers age and the elderly population grows, the demand for the services of home health aides and personal care aides will continue to increase.

Adapted from www.bls.gov/ooh/healthcare

Choose the appropriate option to answer each question based on the previous text.
(Items from 36 to 40)

36) What do personal care aides typically do? They _____.

- A) assist older adults
- B) treat chronic illnesses
- C) direct the responsibilities of nurses
- D) sell medication for different illnesses

37) Where do personal care aides work? At _____

- A) all hospitals
- B) the clients' home
- C) a practitioner's home
- D) the client's workplace

38) How do people become personal care aides?
They need _____ firstly.

- A) a high school diploma
- B) to be health practitioners
- C) a certification from a hospice
- D) to work in a variety of settings

39) Why will the employment of personal care aides grow?
Because of _____.

- A) formal training
- B) standardized tests
- C) an increase of elderly people
- D) the range of hospice agencies

40) Which is an advantage of the occupation described in the text?
It will _____.

- A) grow 41 percent per year
- B) reach baby population ages
- C) grow faster than other careers
- D) decrease like similar occupations do

Read the text.

IMPORTANT ASPECTS IN COSTA RICAN ELECTIONS

Costa Rican elections are held every four years. During the elections, voters choose the new President and Congressional representatives. Some positive aspects with the way the Costa Rican electoral authorities design the process are the following:



1. The day of voting: Elections are always held on Sundays. Most people do not work on that day. So people do not have to coordinate their work schedule, and stand in long lines after the working day.
2. Automatic registration: People are automatically registered to vote. All voters just need to present their ID card. Each citizen obtains it when turning 18 years old.
3. New parties have a place on the ballot: In some countries with only two major political parties, voters don't really have many choices. However, in Costa Rica minority parties have the possibility to present their programs and names, and become part of the electoral system.
4. Second round voting: To win the presidency, a candidate needs to get over 40% of the votes in the first round. If none of the candidates have achieved more than 40%, the top two candidates will face a second round of voting.

Adapted from www.costaricaoutsider

Choose the appropriate option to complete each sentence based on the previous text.
(Items from 41 to 45)

- 41) During the elections, Costa Ricans choose _____.
- A) the President and Ministers
 - B) a presidential candidate only
 - C) the Legislative Assembly members only
 - D) the President and the members of Congress

- 42) An advantage for Costa Ricans when voting is that _____.
- A) citizens have to make long lines to register
 - B) they have a few candidates to choose from
 - C) the day of voting is a day off for most of them
 - D) voters don't have to present any identification
- 43) In order to vote, citizens need to _____ in Costa Rica.
- A) be under 18 years
 - B) have a work permit
 - C) have permission from work
 - D) present an identification card
- 44) Costa Rica differs from other countries because _____.
- A) there is no second round voting
 - B) there is no political campaigning
 - C) elections are held on a work day
 - D) elections have more than two main parties
- 45) A second round of voting occurs when the candidates _____ votes.
- A) do not obtain forty percent of the
 - B) achieve about seventy percent of the
 - C) get more than forty percent of the total
 - D) do not get over a fifty percent of the total

Read the text.

BENEFITS WHEN LIVING IN COSTA RICA

Retiring in Costa Rica secures many benefits and ways of life. One good thing about retirement in Costa Rica is the quality and affordability of domestic services. Maids, cooks, gardeners, childcare workers or property caretakers are cheap. For example, a maid mops floors, washes windows and dusts. She also cleans bathrooms and kitchens all in about five hours and for a very small pay. They are also well-educated, polite and hardworking. For many disabled or physically challenged retirees, a reliable, honest and hard-working maid is a must.



Other benefits when living in Costa Rica are related to comprehensive health insurance through the social security system (CCSS) which provides health care as well as a pension. Moreover, all Costa Rican workers and even immigrants are covered by labor laws. They are also protected by compensation programs offered by the National Insurance Institute (INS) to cover injuries on the job. Vacation pay, paid holidays and sick pay, severance pay, maternity leave and Christmas bonuses (the equivalent of a month's salary) are all mandated by law, as well as minimum wage.

Adapted from www.thecostaricanews.com

Choose the appropriate option to complete each sentence based on the previous text. (Items from 46 to 50)

46) For those living in Costa Rica, it is _____.

- A) difficult to find a job
- B) hard to pay a housekeeper
- C) inexpensive to hire a property caretaker
- D) expensive to pay for some household services

- 47) A maid is always capable of _____.
- A) doing different tasks
 - B) doing only one chore
 - C) earning a large salary
 - D) spending a lot of leisure time
- 48) Domestic workers _____.
- A) are never immigrants
 - B) tend to be hardworking
 - C) always lack good manners
 - D) have the same income as other workers
- 49) The insurance program for workers _____.
- A) offers minimum wage
 - B) assures maternity leaves
 - C) guarantees a Christmas bonus
 - D) protects employees at the workplace
- 50) The Costa Rican Labor Law covers _____.
- A) just poor workers
 - B) only legal immigrants
 - C) the entire working class
 - D) tourists visiting the country

Read the text.

THE IMPACT OF TECHNOLOGY

Technology has positive and negative effects on people of different ages and fields. For example, it can be used at home (as a tool for household chores), in the educational field (finding a huge amount of information to do school work), for entertainment (watching videos, listening to music, chatting, playing games which develop competition), among others.



However, there are some negative effects of technology. For instance, some students may become addicted to video games and not worry about their studies and school performance. There are also health problems such as back pain and weak eyesight due to the high use of technology. In addition, obesity is becoming a big problem especially in little children because they participate in less physical activities. Another negative effect is that people may not spend enough time with their family members and others because they prefer connecting with them by text messaging or chatting, more than meeting with them face to face. This behavior may affect their social relationships to a high degree.

Writing skills in children are also being affected because many children do not care about spelling, punctuation and grammar as in the past. Its main consequence, therefore, is poor writing. Finally, children are using the Internet without adult or parental controls. This lack of supervision sometimes means that children are using it in an inappropriate way. A possible solution might be limiting and controlling access to technology in a child's life.

Adapted from the Internet

Choose the appropriate option to complete each sentence based on the previous text.
(Items from 51 to 56)

51) Technology is a valuable tool for _____ to do school work.

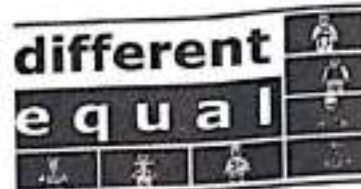
- A) all little children
- B) only a few students
- C) many students of different ages
- D) old people outside of the educational field

- 52) Technology is usually a _____ in people's lives.
- A) waste of time
 - B) very useful tool
 - C) very negative aspect
 - D) really unnecessary device
- 53) A positive aspect of technology on children is to _____.
- A) become obese
 - B) develop serious health problems
 - C) spend a lot of time with their parents
 - D) acquire a lot of valuable knowledge of any topic
- 54) One negative fact about technology on children refers to _____.
- A) developing competition
 - B) creating an addiction to it
 - C) helping them in the educational field
 - D) participating in more activities with their relatives
- 55) Technology affects social relationships because people _____.
- A) always get together with their friends
 - B) spend a lot of time with their relatives
 - C) prefer to connect with their friends by text messaging
 - D) meet with the family more frequently now than before
- 56) With the use of technology, _____.
- A) reading has improved
 - B) speaking is impossible to develop
 - C) developing listening skills is not possible
 - D) writing skills have been negatively affected

Read the text.

WHAT CAN TOLERANCE DO FOR A NATION?

Tolerance is not simply an attitude, writes Abdur Rafay Usmani, but an essential element for peace, unity and economic well-being of a nation or society. The meaning of tolerance is acceptance and understanding. Globalization has made it easier



for different communities to connect, meet and interact with each other. Today the world enjoys greater levels of tolerance and diversity, thanks to the selfless efforts of our ancestors and the advent of the Internet.

Instances of intolerance and prejudice still occur and in some parts are out of control.

Exhibiting tolerance can go a long way for a nation and bring benefits to it in more ways.

Where everyone is treated equally and given equal opportunities, they are able to utilize their talents and resources effectively to improve their living standard. This results in a bigger middle class and reduction in poverty. In countries where certain groups are discriminated, they are not only less able to contribute to the economy, but this also leads to the build-up of ghettos and vulnerable communities.

Adapted from www.yourcommonwealth.org

Choose the appropriate option to complete each sentence based on the previous text.
(Items 57 to 61)

57) As Abdur Rafay Usmani says, tolerance is _____.

- A) very simple
- B) elemental unity
- C) a simple attitude
- D) essential for peace

- 58) Tolerance is becoming greater due to _____.
- A) globalization
 - B) the level of diversity
 - C) the advent of Internet
 - D) different communities
- 59) Today in the world, _____ are uncontrolled.
- A) peace and unity
 - B) tolerance and diversity
 - C) intolerance and prejudice
 - D) acceptance and understanding
- 60) Equal treatment leads to _____.
- A) more poverty
 - B) a lack of resources
 - C) reduction of talents
 - D) an improvement of the standard of living
- 61) Discrimination in the world can provoke _____.
- A) a bigger middle class
 - B) the reduction of poverty
 - C) more effective resources
 - D) the growth of vulnerable groups

Read the text.

GENDER



Gender requires people to ensure that health policy, programs, services and delivery models are receptive to the needs of women, men, girls and boys with diversity. Gender refers to the socially constructed characteristics of women and men, such as norms, roles and relationships of and between groups of women and men. It varies from society to society and can be changed. People are taught appropriate norms and behaviors –including how they should interact with others of the same or opposite sex within households, communities and workplaces. When individuals or groups do not “fit” established gender norms they often face stigma, discriminatory practices or social exclusion –all of which adversely affect health. It is important to be sensitive to different identities that do not necessarily fit into binary male or female sex categories. Gender norms, roles and relations influence people’s susceptibility to different health conditions and diseases and affect their enjoyment of good mental, physical health and wellbeing. They also have a bearing on people’s access to and uptake of health services and on the health outcomes they experience throughout the course of their life.

Adapted from <http://www.who.int/gender>

Choose the appropriate option to answer the questions based on the previous text.
(Items from 62 to 66)

62) What does society need to ensure about gender?

- A) Services for priority groups
- B) Programs that address the needs of young groups
- C) Diversity based on the needs of the different age groups
- D) Health policies responding to the needs of female minority groups

- 63) How is gender perceived? It is perceived as _____.
- A) fixed norms
 - B) the division of men and women groups
 - C) the relationship between groups of women
 - D) a social elaboration of male and female characteristics
- 64) What is the most important aspect about gender knowledge? It involves _____.
- A) the bad attitudes of majority groups
 - B) the inappropriate interactions in a community
 - C) norms and behavior in any society and work place
 - D) learned behavior for people of the same or different origin
- 65) What can people face when no fitting into society's gender norms?
- A) Equity practices
 - B) Social recognition
 - C) Social inclusiveness
 - D) Discriminatory behavior
- 66) How can gender norms and roles influence people negatively? By _____.
- A) affecting people's health
 - B) enjoying good mental health
 - C) contributing to emotional stability
 - D) experiencing a reduced economic status

Read the text.

FACEBOOK

Facebook is an online social networking service headquartered in California. It was founded in 2004, by Mark Zuckerberg, Eduardo Saverin, Andrew McCollum, Dustin Moskovitz and Chris Hughes. Facebook now allows anyone who claims to be at least 13 years old worldwide to become a registered user of the website.



Facebook has affected the social life and activity of people in various ways. For example, users can stay in touch continuously. It also unites people with common interests through groups, and it has been known to reunite lost family members and friends because of the widespread reach of its network. One of the most used items in Facebook is the "like button" which allows users to express their appreciation of content such as status updates, comments, photos, and advertisements.

However, some people argue that Facebook has increased antisocial tendencies because people are not directly communicating with each other. Some studies have named Facebook as a source of problems in relationships because some couples are moving towards infidelity and divorce.

Adapted from the Internet

Choose the appropriate option to complete each sentence based on the previous text.
(Items from 67 to 70)

67) A regulation to become a Facebook user is to _____.

- A) join an online group
- B) be under 13 years old
- C) be at least 13 years old
- D) constantly register the status

- 68) It is a fact that Facebook _____.
- A) is an unimportant social network
 - B) restricts users to join online groups
 - C) restricts its use to adults of certain age
 - D) has affected people's lives in different ways
- 69) An advantage that Facebook deals with is _____.
- A) leading to infidelity
 - B) creating bad relationships
 - C) sharing interests and beliefs
 - D) promoting anti-social behavior
- 70) The "like button" permits users to _____ in Facebook.
- A) show disapproval
 - B) join any online group
 - C) update their status regularly
 - D) express if they like the content

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