

SELECTION

55 ITEMS

Read the text.

HORSEBACK RIDING

Horseback riding can be a very exciting experience, but what people do not really know is that it is important to be careful. One of the ^{mas} most important things is the clothing. It is designed to offer protection for the riders. The ^{mas} most important piece of clothing is the helmet. Riders should wear it while riding in order to avoid a severe impact as a result of a fall from a horse, and replace when it is necessary. ^{solo} Also, it is important to wear pants; there are some special pants for riding called breeches. Wearing jeans may be ^{No comfortable} uncomfortable for the horse and they limit the range of movement. Lastly, as a top, the rider can put on a t-shirt. In colder weather, or for greater protection, it is better to wear a long-sleeved shirt to cover the arms. And finally, it is essential to wear boots with a raised heel. It is not advisable to wear tennis shoes when going horseback riding.



Adapted from www.equine-world.co.uk

Choose the appropriate alternative to complete each sentence based on the previous text.

- 1) When going horseback riding, the clothing _____
- A) is unimportant
 - B) is uncomfortable
 - C) gives better protection for the rider
 - D) may limit the rider's range of movement

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2) The main piece of clothing when riding a horse is the _____.

- A) t-shirt
- B) helmet
- C) pair of boots
- D) pair of tennis shoes

3) Horse riders should _____.

- A) wear jeans
- B) never wear protection
- C) never change helmets
- D) change helmets when needed

4) It is **not** recommended to wear _____.

- A) pants
- B) boots
- C) a helmet
- D) tennis shoes

Read the text.

WELCOME TO THE ADVENTURE

Tropical Bungee Adventures is a travel agency that has pioneered adventure tourism and extreme sports in Costa Rica since 1991 in a responsible and safe manner. Supported by their experience, Tropical Bungee Adventures offers the best activities with the highest standards of safety and quality. Even though, the most popular tour takes people to go bungee jumping, there are some other tours such as skydiving and paragliding along the Central Pacific and scuba diving around Caño Island. Tourists can also see the beauty of the rain forest by rafting down the Pacuare River. People may live an adventure in the tropical forest flying through the treetops in the zip line tours on the Caribbean and Pacific coast. Another option is to relax and find the perfect way to do it during a surf and yoga session near Jacó beach, or join the snorkeling and kayaking tours in open waters along the Pacific coast. Undoubtedly, there is not excuse to go extreme in Costa Rica.



Adapted from www.bungee.co.cr

Choose the appropriate alternative to complete each sentence based on the previous text.

- 5) The article is about _____ in Costa Rica.
- A) bungee jumping
 - B) a new tour operator
 - C) the risks to practice extreme sports
 - D) adventure tours offered by a travel agency

- 6) The most popular tour takes tourists to do _____
- A) rafting
 - B) kayaking
 - C) snorkelling
 - D) bungee jumping
- 7) People can appreciate the rain forest while they _____
- A) are at Jacó beach
 - B) ~~take yoga classes in Pacuare~~
 - C) ~~go rafting down the Pacuare River~~
 - D) practice snorkelling along Caño Island
- 8) The tour operator offers snorkelling tours _____
- A) along the Pacific coast
 - B) in three different spots
 - C) along the Caribbean coast
 - D) around Caño Island exclusively

Read the text.

A RISING STAR

Nicki Minaj is a popular singer. After releasing three mix tapes, she was signed to Young Money Entertainment in August 2009. She released her debut album *Pink Friday* in November 2010. She was also the first female artist to have seven singles on the Billboard Hot 100 at the same time. Because of this, Minaj was named the 2011 Rising Star by Billboard. In April 2012, she released her second album called *Roman Reloaded*, and in 2013, she was a judge on *American Idol*, a popular TV show in the United States. Nicki made her acting debut in *The Other Woman*, and released her third album, *The Pinkprint*, in 2014.



Adapted from www.biography.com

Choose the appropriate alternative to answer each question based on the text.

- 9) What is Nicki's first musical production?
 - A) Minaj
 - B) Pink Friday
 - C) The Pinkprint
 - D) Roman Reloaded

- 10) Who called Nicki the 2011 Rising Star?
 - A) Her fans
 - B) Billboard
 - C) A group of judges
 - D) The American press

- 11) Which movie did Nicki Minaj participate in?
 - A) Pink Friday
 - B) American Idol
 - C) Roman Reloaded
 - D) The Other Woman

- 12) What is Nicki's latest album?
 - A) The Pinkprint
 - B) American Idol
 - C) Romeo Reloaded
 - D) The Other woman

Read the text.

A LIVING LEGEND

Widely recognized as the best footballer of his generation, Lionel Messi has obtained the FIFA *Ballon d'Or* Award five times. He was already a teen superstar of Argentine soccer by the time he turned 18 in 2005. That year he was named the player of the tournament at the under-20 World Cup; he played his first game for the Argentine national team against Hungary. He was soon compared to an earlier Argentine soccer hero, Diego Maradona. Like him, Lionel Messi is a goal-scoring forward; Barcelona's official site calls him "highly creative". Messi was a member of Argentina's 2006, 2010 and 2014 World Cup teams. In 2009, he helped Barcelona win a rare triple of championships: the *Copa del Rey*, Spain's *La Liga de Campeones*, and the Champions League. In 2012, he became the first player to score five goals in a Champions League match.



Adapted from www.infoplease.com

Choose the appropriate alternative to complete each sentence based on the previous text.

- 13) Lionel Messi is _____
- A) a teenage soccer player
 - B) ~~only famous in Argentina~~
 - C) member of the Hungarian team
 - D) a well-recognized international player

- 14) People have compared Messi with _____.
- A) his father
 - B) Diego Maradona
 - C) a Hungarian player
 - D) some Spanish players
- 15) Messi has participated in _____ with his national soccer team.
- A) ~~the~~ *Copa del Rey*
 - B) ~~different~~ World Cups
 - C) the Champions League
 - D) Spain's *La Liga de Campeones*
- 16) Lionel Messi was the first player to _____.
- A) play with Barcelona
 - B) get the *FIFA Ballon d'Or*
 - C) play in three World Cups consecutively
 - D) score five goals in a Champions League match

Read the instructions.

HOW TO USE A MICROWAVE OVEN

Read the following safety instructions before using your microwave:

1. Connect only to a proper outlet.
2. Do not use corrosive chemicals or vapors. This type of oven is specifically designed to heat, cook, or dry food.
3. Close supervision is necessary when children use it.
4. Do not operate this appliance if it has a damaged cord, if it is not working properly, or if it is damaged.
5. Do not use this appliance outdoors.
6. Do not use or store it near water; for example, near a kitchen sink, or in a wet basement.
7. Do not immerse cord or plug in water.



Adapted from the Internet

Choose the appropriate alternative to complete each sentence based on the previous instructions.

17) The fifth instruction prohibits _____.

- A) close supervision
- B) the use of corrosive chemicals
- C) the immersion of the cord in water
- D) the operation of the appliance outdoors

- 18) People **shouldn't** use the appliance if _____.
- A) the cord is damaged
 - B) a sink is away from it
 - C) children are in the kitchen
 - D) the appliance is in a basement
- 19) Before using the microwave, it is advisable to _____.
- A) put it outdoors
 - B) store it in a sink
 - C) check the use of it
 - D) clean it with some chemicals
- 20) It is **not** recommended to store the appliance _____.
- A) near water
 - B) in the kitchen
 - C) away from a sink
 - D) after reading the instructions

Read the instructions.

PROCESSING FOOD IN A BLENDER

1. Assemble the blender jar (see owner's manual).
2. Put the ingredients into blender jar.
3. Cover firmly.
4. Place the jar onto the motor base.



For Controlled Cycle Operation: Select the proper speed, rest one hand on the container and activate the blender for 2 seconds. Repeat this procedure as many cycles as required for the food.

For Continuous Cycle Operation: Select the proper speed and turn the blender on to begin processing. When processing is completed, turn the blender off.

Choose the appropriate alternative to answer each question based on the previous instructions.

- 21) What do people do in both controlled and continuous operations?
 - A) Just turn on the blender.
 - B) Choose the proper speed.
 - C) Turn on the blender when finishing its operation.
 - D) Turn off the blender when beginning its operation.
- 22) How long does a cycle last in the controlled cycle operation?
 - A) A long time
 - B) Less than two seconds
 - C) More than two seconds
 - D) A very short period of time
- 23) What's the last step for processing food in the continuous cycle operation?
 - A) Start processing.
 - B) Select the speed.
 - C) Turn on the blender.
 - D) Turn off the blender.

Read the text.

HOW TO TRAVEL BY AIR IN COSTA RICA

SANSA is a domestic Costa Rican airline that provides services to the top national destinations. Aside from passenger flights, they have cargo flights and it is one of the most reliable and well-known companies servicing Costa Rican airports. Major international airlines also have direct flights to Costa Rican destinations as well, many from the United States. Flights usually do not take more than three and half hours, no matter what part of the United



States people are coming from. Most international airlines stop at Juan Santamaria International Airport. When people are exploring flights to Costa Rica, they can be sure that a number of safe and established companies are available while they are traveling around the country.

Adapted from the Internet

Choose the appropriate alternative to complete each sentence based on the previous text.

- 24) Based on the text, SANSA _____.
- A) is a local airline
 - B) ~~is an American airline~~
 - C) offers international flights
 - D) flies daily to the United States

25) SANSA offers _____.

- A) flights to the United States
- B) cargo flights within the country
- C) cargo flights to the United States
- D) flights to unpopular national destinations

26) Most flights from the United States to Costa Rica _____.

- A) last more than four hours
- B) are uncomfortable and inconvenient
- C) usually last no more than four hours
- D) stop in many countries before arriving to Costa Rica

27) SANSA flies to _____.

- A) ~~the United States~~
- B) the main national destinations
- C) different destinations in the continent
- D) the United States and around Costa Rica

Read the text.

FLYING IN COSTA RICA

Local airlines offer people convenience and comfort while flying quickly around the country. In Costa Rica, there are different domestic airlines that fly to different destinations. For example, Nature Air has daily service from San José. This company has a small fleet, so advanced reservations are recommended. Paradise Air is one of the most trusted Costa Rican airlines that has served travelers, scientists, explorers, non-governmental organization teams, and regular tourists as well. December through April is the high season, so flights to Costa Rica are more expensive during these months. It is also recommended to make a reservation in advanced if people want to travel during this time of the year.



Adapted from the Internet

Choose the appropriate alternative to complete each sentence based on the previous text.

28) To travel by air in Costa Rica is _____.

- A) ~~difficult and cheap~~
- B) fast and comfortable
- C) expensive and inconvenient
- D) convenient and uncomfortable

- 29) If people want to travel with Nature Air, they should _____.
- A) fly only during the low season
 - B) make a reservation in advance
 - C) fly only during the high season
 - D) pay for the ticket after traveling
- 30) During the high season, _____.
- A) people prefer not to fly
 - B) prices are more expensive
 - C) low prices are offered to tourists
 - D) travelers do not have to make a reservation
- 31) It is recommended to _____ when flying in Costa Rica.
- A) take an airplane in San José
 - B) travel only during the low season
 - C) buy tickets from December to April
 - D) make a reservation in advance during the high season

Read the text.

A NEW FOCUS FOR MEDICAL SCIENCE

Computer science experts have developed advances in several fields of knowledge. One of these is "Computer Medical Science" which has created a new technology. For example, at some universities in the United States and Holland, their medicine schools have decided to include the "Science of Computer Medicine" in their educational programs. Medical doctors use computers in many ways; for example, for medical therapeutic diagnosis,



analysis of medical decisions, medical education, digital medical instrumentation, etc. The study of Computer Medical Science is an obligation for those students who go into the field of medicine. At present, it is a basic requirement in the health sector.

Adapted from the Internet

Choose the appropriate alternative to complete each sentence based on the previous text.

- 32) Nowadays, some medicine schools are including _____
- A) a computer for every student
 - B) computer medical science in their programs
 - C) professionals graduated in computer science
 - D) basic computer programs for teachers and students

- 33) According to the text, doctors _____
- A) avoid using computers in laboratories
 - B) ignore the benefits of using computers
 - C) avoid services with computers at universities
 - D) use computers for medical therapeutic diagnosis
- 34) In the medical sector, computers are _____
- A) useless for students
 - B) used in different ways
 - C) used in diagnosis only
 - D) irrelevant for medicine students
- 35) According to the text, the health sector _____
- A) receives computers from universities
 - B) has services and benefits from computers
 - C) doesn't receive benefits from new technology
 - D) doesn't demand digital computers for medicine

Read the text.

FROM CHALK TO CHIP



The board is an important device for teachers in schools. It can reflect the needs of a particular group of students by giving more or less information. It can help teachers adapt material from different subjects such as math, geography, or any other subject. Teachers should be happy with the arrival of computer-assisted language learning, and perhaps more significantly, a computer based on English-language testing. The computer allows students to choose the material; for example, the textbooks they wish to work on at their own pace.

Adapted from Forum

Choose the appropriate alternative to complete each sentence based on the previous text.

- 36) Students can _____
- A) work on a new board
 - B) use a chip on a board
 - C) help teachers adapt to the material
 - D) choose the book they want to work with

- 37) With the new computer program, students can _____
- A) avoid the use of textbooks
 - B) reflect the teacher's needs
 - C) select the direction of the content
 - D) go at their own pace when working
- 38) Teachers will use _____
- A) just a board for testing their students
 - B) a textbook for teaching their students
 - C) chalk and paper for testing their students
 - D) a computer for testing students in English
- 39) The computer allows students to _____
- A) choose just math
 - B) work with textbooks
 - C) study only in small classes
 - D) work based on their teacher's pace

Read the text.

AMERICAN IN THE FOREST

The Costa Rican Biodiversity Institute (INBio in Spanish) granted the Conservation of Biodiversity Award to Alexander Skutch, a US citizen who arrived in Costa Rica 60 years ago. This was the first time the award was given, and it recognized the life venture of a man. Alexander is a biologist, a vegetarian, and an ornithologist. He has dedicated his life to studying and preserving a green valley, El General, 90 miles south of San José. At his ranch, (Los Cusingos), Mr. Skutch developed vast research on tropical birds and their habitat. He has published over 200 scientific articles and 30 books.



Adapted from La Nación Digital

Choose the appropriate alternative to complete each sentence based on the text.

- 40) Who received the Conservation of Biodiversity Award?
- A) Mr. Skutch
 - B) Los Cusingos
 - C) Members of INBio
 - D) A national biologist
- 41) What does Alexander want to preserve?
- A) San José
 - B) Los Cusingos
 - C) The INBio Park
 - D) El General Valley
- 42) What is Alexander's research about? It's about _____.
- A) the local flora
 - B) his life adventures
 - C) birds and their habitats
 - D) the Costa Rican Biodiversity Institute
- 43) What does Alexander do? He's _____.
- A) a scientist
 - B) a journalist
 - C) an INBio worker
 - D) a non-vegetarian

Read the conversation.

SITUATION: A group of students is taking a science class.

Teacher: Today, we're going to talk about green turtles. Any questions before starting?

Student A: Teacher, what's their habitat?

Teacher: Green turtles live in all warm seas, but they have been overhunted everywhere, so they have disappeared or become rare in most places.

Student B: What do they feed on?

Teacher: They feed on seagrass and seaweed.

Student B: Do they eat just that?

Teacher: Yes, mainly that.

Student C: Why are they in danger of extinction?

Teacher: Mainly because people catch them for their skin, shells, and oil. Also, their meat and eggs have always been important food for people.

Student D: Teacher, are green turtles being protected?

Teacher: Yes, but protective laws are not always properly enforced. Also, something important is that conservation depends on protecting adult females and their eggs.

Choose the appropriate alternative to complete each sentence based on the previous conversation.

- 44) Green turtles are rare in some places because _____
- A) they are being overhunted
 - B) warm seas are getting colder
 - C) there is plenty of food worldwide
 - D) they do not have enough food to eat

- 45) Green turtles eat _____.
- A) shells
 - B) turtle meat
 - C) skin and shells
 - D) seagrass and seaweed
- 46) Green turtles are in danger of extinction because _____.
- A) laws are properly enforced
 - B) adult females are protected
 - C) they are found at many beaches
 - D) people catch them for their skin, shell and oil
- 47) A way to conserve green turtles is to _____.
- A) eat their eggs and meat
 - B) grow seagrass and seaweed
 - C) manufacture their skin and oil
 - D) protect adult females and their eggs

Read the text.

AIR POLLUTION



In a world that is becoming increasingly industrialized and where more people can afford to drive cars, air pollution is becoming a larger problem on every corner of the world, rich and poor countries are now affected by air pollution. Consequently, respiratory problems are a very natural and scientifically established result of air pollution. Though mild pollution is not harmful for a healthy person, its polluting particles in the air can cause problems in children and in the elderly. Also, pollutants in the air can intensify asthma symptoms and increase allergy symptoms. If pollution is heavy enough, serious health problems, including cancer, can result from the toxins affecting even the healthiest person.

Adapted from www.articlesbase.com

Choose the appropriate alternative to complete each sentence based on the previous text.

- 48) Air pollution is a problem _____.
- A) worldwide.
 - B) in a few countries
 - C) just in poor countries
 - D) in some industrialized countries

- 49) Mild air pollution may be a problem for _____.
- A) anybody
 - B) healthy people
 - C) children exclusively
 - D) children and the elderly
- 50) Scientists have proven that air pollution _____.
- A) causes respiratory problems
 - B) causes exclusively mild effects
 - C) doesn't affect people with asthma
 - D) doesn't cause any health problems
- 51) Pollutants in the air can _____.
- A) affect children exclusively
 - B) decrease the symptoms of asthma
 - C) aggravate the symptoms of asthma
 - D) be harmless for people with asthma

Read the text.

TAKING ACTION TO FIGHT POLLUTION

A group of thirteen Costa Rican beaches reported very high levels of fecal contamination, mainly due to sewage runoff from homes, hotels, and businesses. The affected beaches are in Puntarenas, Guanacaste and Limón. At this level, experts recommend not going swimming at the polluted beaches. In addition to future pollution problems, high contamination levels are enough to threaten the beaches' Blue Flag designations. The Blue Flag Program grants special designation to Costa Rican beaches whose water quality, ecological standards, environmental management, and safety controls are very high. The Blue Flag Award generally goes to around 50 beaches and local communities per year, though several have lost their



award in the last years. An example of this current problem, and its solution, is Tamarindo Beach, which showed such severe contamination levels over the past few years. Immediately, local action started in order to identify the problem and find a solution.

Adapted from www.costaricapages.com

Choose the appropriate alternative to complete each sentence based on the previous text.

- 52) Experts recommend that visitors _____.
- A) travel to the beaches in Limón
 - B) avoid swimming at the affected beaches
 - C) raise a local awareness about the problem
 - D) go swimming carefully in Puntarenas and Guanacaste

- 53) Water pollution affects _____.
- A) fifty beaches in the country
 - B) some beaches of the country
 - C) thirteen beaches in Guanacaste
 - D) beaches from Puntarenas exclusively
- 54) Over the past few years, Tamarindo Beach _____.
- A) presented serious levels of pollution
 - B) was the most visited beach in Guanacaste
 - C) welcomed more than fifty thousand visitors
 - D) was closed due to the high levels of water pollution
- 55) Every year, about fifty communities and beaches _____.
- A) obtain the Blue Flag Prize
 - B) show high levels of pollution
 - C) open local businesses and hotels
 - D) present problems with local tourists